

LABORATORIO SOCIOLOGICO

Teoria, Epistemologia, Metodo

As digital technology becomes inseparable from our daily lives, how does it redefine who we are, how we connect, and the very fabric of society? *Digital Age, Inclusive Future: Society, Self, and Health* explores the profound ways in which digital technology is reshaping human identity, social structures, and the fundamental principles of inclusion and well-being.

Blending classical sociological thought with cutting-edge discussions of digital cultures, artificial intelligence, and platform capitalism, Vera Kopsaj offers a compelling analysis of how digitisation affects every aspect of life, from communication to privacy, from health to equity. Critically examining whether technology serves as a tool for progress or a mechanism for exclusion, the book uses interdisciplinary perspectives to illuminate the complexities of digital society.

Using the evocative *metaphor of the treehouse*, an elevated but selective space, Kopsaj illustrates the layered nature of digital access, highlighting its opportunities and inequalities. From the digital self to algorithmic governance, from social networks to 4P medicine, this book challenges readers to critically engage with the systems that shape our lives.

Digital Age, Inclusive Future is essential reading for scholars, students and professionals seeking to understand the dynamic relationship between digital technology, society and self. Interweaving theoretical insights and real-world implications, Kopsaj invites us not only to explore the digital age, but to actively shape the future towards a more conscious, inclusive and ethical world.

Vera Kopsaj is a researcher in Sociology at UniCamillus – Saint Camillus International University of Health and Medical Sciences. Her research focuses on inequality, conflict and the intersection of artificial intelligence and health. She has published with FrancoAngeli, including *Wars for a piece of land or a land of peace? Kosovo and Ukraine*, «Sicurezza e Scienze Sociali», 2023/1 and, in collaboration with Sara Petrocchia, *Encounter Between Cultures and Identities: Cross-Cultural Communication in the Migration Process* (2022).

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